
Year of the Philanthropist

Year of the Teacher, Student, Explorer

**Looking Back
2024**

**Moving Ahead
2025**



LOOKING BACK / MOVING AHEAD

2024 ~~~ 2025

MEDITATION: “LOOKING BACK / MOVING AHEAD” ~ 2024

What are you most proud of during 2024?

What gave you the most meaning?

What was lost? What was gained?

What was manifested in your life this past year?

What was the funniest moment and humbling moment?

What “Wild Ass” Experience did you have in 2024?

What surprised you?

What was the hardest decision you had to make?

MEDITATION: “LOOKING BACK / MOVING AHEAD” ~ 2024

What was the most romantic moment?

If you could do anything over again what would it be?

What did you do you are not proud of? What do you vow not to do again?

What habit did you break?

Who came into your life? What do they represent?

Who and what are you most grateful for?

What do you forgive yourself for?

What made it all worthwhile?

What did 2024 teach you?

MEDITATION “LOOKING BACK / MOVING AHEAD” ~ 2025

What will you do differently?

What will you do more of?

If you could accomplish one or two things next year - what will it be?

What do you want to change in your life - at work and at home?

What do you want to change about yourself in the next year?

What habit are you willing to break?

What “Wild Ass” Experience are you ready to take on in 2025?

How will you allow people in your life ~ and keep a clear boundary for yourself in 2025?

How can you be more romantic towards your partner or how can you bring more romance into your life in order to attract a loving, romantic partner?

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Overall, how can you be more loving and compassionate in the coming year?

Who in your life do you need to spend more time with and how will you do that?

Who do you need to set boundaries with and how?

How will you make your world more harmonious?

What gift do you want to give to the community or the world in the next year?

What is the intention you would like to set for 2025?

Choose one or two words that best describe how you see your life next year.

(use this in the below Affirmation)

“LOOKING BACK 2024 / MOVING AHEAD 2025”**AFFIRMATION**

I have the Power and Ability - the Strength and the Courage
To Co-Create my future with the Divine Light of God - Universal Love.

I forgive myself and others completely from my past.

I am Free of any and all “contracts” that hold me in my smaller Self.

I release in my mind and in the minds of anyone else any and all limiting beliefs. I Am Free.

I honor the Divine Feminine and the Divine Masculine within me.

Divine Presence lives within me and I accept myself as a Divine Diplomat in the world.

As a Child of God, I have the Divine Right:

- To Laugh ~ To Learn ~ To Live ~ To Love.
- To have Ultimate Health, Divine Prosperity and Abundant Joy.
- To dance and sing and be filled with creativity.
- To be clear and balanced, fair and grounded, truthful and compassionate.
- To have a loving partner and to be a loving partner.
- To feel and be safe and to be a safe haven for others who are in need.
- To accept others and to feel and experience acceptance within myself.
- To forgive and to be forgiven.
- To truly feel deep abiding love and to share that love with others.
- To live in Peace and to be an example of that Peace.
- To Breathe ... freely, easily and effortlessly, without hesitation or reservation.

With every breath. With every action ...
With every word. With every step ...
With every thought ...

The Year of 2025 will be filled with;

I take the Divine Spark of Inspiration, Creative Action and Unconditional Love
with me into the New Year of 2025 and beyond.

I Am Safe. I Am Accepted. I Am Forgiven. I Am Loved.

And So It Is. And It Is So.